

Cantine de Savignac les Eglises - septembre 2023

| <table border="1"> <thead> <tr> <th colspan="4">Lundi 04 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Melon</td> </tr> <tr> <td></td><td></td><td></td><td>Pâtes bolo - gruyère</td> </tr> <tr> <td></td><td></td><td></td><td>Yaourt</td> </tr> </tbody> </table> | Lundi 04 septembre | | | | | | | Melon | | | | Pâtes bolo - gruyère | | | | Yaourt | <table border="1"> <thead> <tr> <th colspan="4">Mardi 05 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Salade courgettes tomates</td> </tr> <tr> <td></td><td></td><td></td><td>Roti de porc à la moutarde</td> </tr> <tr> <td></td><td></td><td></td><td>Haricot verts</td> </tr> <tr> <td></td><td></td><td></td><td>Fromage</td> </tr> <tr> <td></td><td></td><td></td><td>fruits</td> </tr> </tbody> </table> | Mardi 05 septembre | | | | | | | Salade courgettes tomates | | | | Roti de porc à la moutarde | | | | Haricot verts | | | | Fromage | | | | fruits | <table border="1"> <thead> <tr> <th colspan="4">Jeudi 07 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Concombre à la menthe</td> </tr> <tr> <td></td><td></td><td></td><td>Omelette de pomme de terre</td> </tr> <tr> <td></td><td></td><td></td><td>Fromage</td> </tr> <tr> <td></td><td></td><td></td><td>Gâteau maison</td> </tr> </tbody> </table> | Jeudi 07 septembre | | | | | | | Concombre à la menthe | | | | Omelette de pomme de terre | | | | Fromage | | | | Gâteau maison | <table border="1"> <thead> <tr> <th colspan="4">Vendredi 08 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Salade verte tomates</td> </tr> <tr> <td></td><td></td><td></td><td>Poisson sauce citron</td> </tr> <tr> <td></td><td></td><td></td><td>Riz</td> </tr> <tr> <td></td><td></td><td></td><td>Fruit</td> </tr> </tbody> </table> | Vendredi 08 septembre | | | | | | | Salade verte tomates | | | | Poisson sauce citron | | | | Riz | | | | Fruit | | | | |
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| | | | Pâtes bolo - gruyère | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Salade courgettes tomates | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Roti de porc à la moutarde | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Haricot verts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Concombre à la menthe | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Omelette de pomme de terre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Salade verte tomates | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Poisson sauce citron | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Riz | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fruit | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Carottes rapées ananas | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Saucisses lentilles | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Poulet frites | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Salade composée thon tomates | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Pâtes au bleu | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Salade de museau | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Colin au curry - blé | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Salade | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Sauté de dinde basquaise | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Petit pois - Carottes | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | Salade cœur de palmier | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Couscous de la mer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="1"> <thead> <tr> <th colspan="4">Lundi 25 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Radis beurre</td> </tr> <tr> <td></td><td></td><td></td><td>Lasagne de bœuf</td> </tr> <tr> <td></td><td></td><td></td><td>Fruits</td> </tr> </tbody> </table> | Lundi 25 septembre | | | | | | | Radis beurre | | | | Lasagne de bœuf | | | | Fruits | <table border="1"> <thead> <tr> <th colspan="4">Mardi 26 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Salade verte maïs</td> </tr> <tr> <td></td><td></td><td></td><td>Fricassé de dinde sauce soja</td> </tr> <tr> <td></td><td></td><td></td><td>Céréales</td> </tr> <tr> <td></td><td></td><td></td><td>Crème vanille</td> </tr> </tbody> </table> | Mardi 26 septembre | | | | | | | Salade verte maïs | | | | Fricassé de dinde sauce soja | | | | Céréales | | | | Crème vanille | <table border="1"> <thead> <tr> <th colspan="4">Jeudi 28 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Concombre à la grecque</td> </tr> <tr> <td></td><td></td><td></td><td>Boullgour et ses légumes</td> </tr> <tr> <td></td><td></td><td></td><td>Salade</td> </tr> <tr> <td></td><td></td><td></td><td>Fromage</td> </tr> <tr> <td></td><td></td><td></td><td>Gâteau maison</td> </tr> </tbody> </table> | Jeudi 28 septembre | | | | | | | Concombre à la grecque | | | | Boullgour et ses légumes | | | | Salade | | | | Fromage | | | | Gâteau maison | <table border="1"> <thead> <tr> <th colspan="4">Vendredi 29 septembre</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>Saucisson</td> </tr> <tr> <td></td><td></td><td></td><td>Poisson</td> </tr> <tr> <td></td><td></td><td></td><td>Ratatouille</td> </tr> <tr> <td></td><td></td><td></td><td>Fromage</td> </tr> <tr> <td></td><td></td><td></td><td>Fruits</td> </tr> </tbody> </table> | Vendredi 29 septembre | | | | | | | Saucisson | | | | Poisson | | | | Ratatouille | | | | Fromage | | | | Fruits |
| Lundi 25 septembre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Radis beurre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Lasagne de bœuf | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mardi 26 septembre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Salade verte maïs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fricassé de dinde sauce soja | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Céréales | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Crème vanille | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jeudi 28 septembre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Concombre à la grecque | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Boullgour et ses légumes | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Salade | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fromage | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Gâteau maison | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vendredi 29 septembre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Saucisson | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Poisson | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Ratatouille | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fromage | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | Fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Bonne rentrée !

Crédit photos: Freepik - Freepik.com



Bio



Local



Fait maison

Menu végétarien